

Invoking the Soul of the Nation

(Washington DC- *For the Public*)

PREPARATION:

1. In a sitting position, take a deep breath and relax the physical body. Take a moment and allow a feeling of well-being to pervade the entire physical body and nervous system.
2. Take a second, deep breath and relax the emotions. Take a moment and direct your emotions to be at Peace.
3. Take a third, deep breath and become mentally alert and focused. (not passive)
4. Take a moment and bring your focused awareness into the area of the heart or place it at the forehead, whichever seems right and comfortable to you.
5. Know that your focused point of attention is a center of cause within that energy field of unfolding consciousness and events within humanity. See all aspirational people linked together in a network of overlapping triangles of white-gold Light.
6. As you visualize this network, see this network magnetically focused around the central area of the National Cathedral within the etheric network of Washington DC. See the Cathedral as a focal point of magnetic attraction for all the focused and un-focused aspiration of the humanity within the area. Visualize the Cathedral drawing inward this aspiration into its center and focusing that magnetic center downward into the St. Joseph's Chapel beneath the High Alter.

In your imagination, place yourself within that Chapel, within that magnetic center of golden Light.

Within the center of this golden network, perceive a powerful focus of Invocation. See the dedicated and directed focus of aspiration invoking from the National Soul, the Hope and the Resolution of this Nation's next step in a Spiritual sense. As part of the Nation's alignment, consciously connect with the Soul of the Nation, and those ideals which overshadowed our Founding Fathers.

MEDITATION:

1. Meditate upon the seed thought:

“As One Mind, We Stand Receptive to the Divine Purpose of our National Soul. We involve its presence into our midst.”

Hold for a few minutes letting the energy build.

2. Now sense the transfer of frequency into the energy field of that aspirational consciousness focused within the frequency of St. Joseph's Chapel.
3. With focused intent, and your creative imagination, radiate the action of the seed thought by silently radiating the OM, releasing the Charge and Frequency into the golden network of the Invocational/Aspirational Community within the magnetic aura of Washington DC.

DESCENT:

1. Maintaining position within the golden center of St. Joseph's Chapel, visualize that National Soul Purpose circulating throughout that golden network, strengthening, stimulating the expansion of all related Consciousness to include the next Spiritual step.
2. From this stimulated network, visualize that Life and Purpose magnetically drawing toward the point of the Washington Monument. See this focus of Light, of Soul Purpose drawn around the monument as a whirling spiral, moving downward to the base of the obelisk and into the Earth.
3. Visualize continued radiation from the base of the Monument outward toward all four points of the Temple Floor of Washington DC.
 - A. The White House to the North.
 - B. The combined houses of Congress to the East.
 - C. The Jefferson memorial to the South.
 - D. The Lincoln Memorial and Arlington to the West.
4. Visualize all four arms of this cross vitalized and stimulated with the Life and Purpose of our National Soul. See a growing field of golden Light within the City, stimulating all aspiration and good works. Know that this magnetic Light will draw those workers on every level dedicated to the unfoldment of the Soul within this Nation. Focus the power of our National Motto: "I Light the Way." Silently sound the Om.
5. From the group focus, consciously align with all those Light Workers in physical dense who operate within the etheric network of Washington DC. Standing with those Workers, focus the intent: "Here We Stand, One Nation Under God, Indivisible, with Spiritual Liberty and Divine Justice for All."
Audibly Project the Om.
Radiating Love and appreciation to all aspirational humanity, you may conclude the focus.